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To: AFEB Policy & Steering Cmte;FEB_LG;FEB_P3;AFEB Emergency Preparedness and Employee Safety;AFEB Strategic Partnerships;Atlanta Federal Executive Board
Subject: Fwd: FW: [Safer Federal Workforce] Updated Guidance on Quarantine and Isolation

Sharing Updated Safer Workforce Guidance on Quarantine and Isolation.....

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Our Mission: Increase the effectiveness of the Federal Government by strengthening coordination of Government activities.

Subject: [Safer Federal Workforce] Updated Guidance on Quarantine and Isolation

Good Morning,

The Centers for Disease Control and Prevention (CDC) updated and shortened the recommended isolation and quarantine period for the general population.

The Safer Federal Workforce Task Force (Task Force) will issue new FAQs on this topic in the coming days, and the Task Force will provide to agency COVID-19 Coordination Teams information for agencies to incorporate into their COVID-19 Workplace Safety Plans. Agencies should not delay, however, in updating their safety protocols related to quarantine and isolation immediately to reflect the updated CDC guidance. Agencies also should also communicate those updated protocols to their employees.

The updated CDC protocols for quarantine and isolation are, in brief, as follows:

Isolation

Isolation is used to separate people infected with COVID-19 from those who are not infected. CDC's updated guidance for those who test positive for COVID-19 is as follows:

If You Test Positive for COVID-19 (Isolate)	
Everyone, regardless of vaccination status.	<ul style="list-style-type: none">• Stay home for 5 days.• If you have no symptoms or your symptoms are resolving after 5 days, you can leave your house.• Continue to wear a mask around others for 5 additional days. <p><i>If you have a fever, continue to stay home until your fever resolves.</i></p>

Quarantine

Quarantine refers to the time following exposure to the virus or close contact with someone known to have COVID-19. CDC's updated guidance for those who are exposed to someone with COVID-19 is as follows:

If You Were Exposed to Someone with COVID-19 (Quarantine)	
If you: Have been boosted OR Completed the primary series of Pfizer or	<ul style="list-style-type: none">• Wear a mask around others for 10 days.• Test on day 5, if possible. <p><i>If you develop symptoms, get a test and stay home.</i></p>

<p>Moderna vaccine within the last 6 months</p> <p>OR</p> <p>Completed the primary series of J&J vaccine within the last 2 months</p>	
<p>If you:</p> <p>Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted</p> <p>OR</p> <p>Completed the primary series of J&J over 2 months ago and are not boosted</p> <p>OR</p> <p>Are unvaccinated</p>	<ul style="list-style-type: none"> • Stay home for 5 days. After that continue to wear a mask around others for 5 additional days. • If you can't quarantine, you must wear a mask for 10 days. • Test on day 5 if possible. <p><i>If you develop symptoms, get a test and stay home.</i></p>

Please note that there has been no change to the Task Force's guidance on mask-wearing, which provides that in areas of high or substantial transmission, fully vaccinated people need to wear a mask in public indoor settings, except for limited exceptions discussed in the model safety principles issued by the Task Force on September 13, 2021.

Understanding Whether Employees Have Been Boosted

As noted above, safety protocols related to quarantine are contingent on whether individuals have been boosted. To facilitate implementation of safety protocols, agencies can at their discretion take steps to maintain information about whether employees have been boosted, including collection of documentation of booster shots from employees, as part of broader agency processes and systems for maintaining information on employee vaccination status. Prior to agencies having processes and systems in place for collecting information on whether their employees are boosted, agencies should share information about the quarantine safety protocols with their employees, and employees should follow the protocol that applies to them.

Agencies can send any questions to: vaccines@omb.eop.gov.

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